

Please note that the Communications Office email is now medcomms@mun.ca.



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Important Access Changes to UpToDate

NL Health Services (NLHS) is updating their library authentication process. These updates have implications for Memorial-affiliated UpToDate users. As of March 4, 2024, UpToDate links will be removed from the HSL website. Individuals will be required to have an official affiliation with NLHS, Eastern Zones and access UpToDate through the NLHS, Eastern Zones network in order to create an UpToDate account or verify their UpToDate credentials. Authorized users include:

- Employees of NLHS, Eastern Zones
- Those who provide medical services to patients at NLHS, Eastern Zones facilities
- Health sciences students who have been issued an official ID through NLHS, Eastern Zones

Existing Users

Access for current UpToDate account holders will be valid for 90 days after last verification.

Memorial-Affiliated Users

Memorial faculty, staff, and students who do not have an NLHS, Eastern Zones affiliation and who are unable to access the NLHS, Eastern Zones network will not be able to create an account or verify their UpToDate credentials. Users affiliated with other NLHS Zones may be able to access UpToDate through library services in their NLHS Zones. We recommend contacting NLHS library services in these Zones for more information. At Memorial, in place of UpToDate, we recommend [DynaMed](#), which is a comparable evidence-based point-of-care tool. DynaMed also has a [mobile app](#)

[available](#). Undergraduate medical students also have the option of purchasing an individual UpToDate subscription at a discounted rate through the [Canadian Federation of Medical Students](#).

Questions? Memorial University faculty, students, and staff: hslinfo@mun.ca; NLHS, Eastern Zones: library.services@easternhealth.ca

Faculty Needs Assessment Survey

The Office of Professional and Educational Development (OPED), Memorial University, provides and coordinates faculty development activities throughout the Faculty of Medicine. Faculty development includes professional development in teaching, leadership, research and other aspects of being a faculty member.

To provide faculty development programming appropriate for your learning needs we need your feedback. This includes all faculty members, full-time and part-time. If you supervise even one learner, we want to hear from you. This survey will take approximately 5-10 minutes to complete. We would appreciate your response by **March 29, 2024**. Go to https://mun.azure.qualtrics.com/jfe/form/SV_0pjuqHf9rA1tk2 for the survey.

Mini-Med School Call for Faculty Presentations

The Faculty of Medicine Mini-Med School aims to connect with the community by sharing medical knowledge. It offers a six-week program from **April 24 to May 29, 2024**, with weekly Wednesday evening sessions (**6:30-9 p.m.**) featuring two one-hour hybrid lectures (in-person and virtual) on various medical topics, including Q&A. Topics cover a wide range of health issues, with this year's focus on areas relevant to Newfoundland and Labrador's public, such as

- Trending Topics – Artificial intelligence and healthcare; emerging infectious diseases; current state of the medical system in NL – the role of government and doctors; the burden of burnout among healthcare professionals; the dangers of antibiotic overuse
- Nutrition – (GLP-1) agonists and weight loss; effects of superfoods, health/diet trends; how food affects our bodies and mind; information overload surrounding what we eat.
- Community health - Health equity, bias in medical treatment, and strategies to improve healthcare for various communities in NL.
- Surgery – Neurosurgery and general surgery, preparing for surgery
- Pediatrics – Obesity in childhood, the health baby: the first 18 months, common childhood infections.
- Mental Health – Stress and anxiety: alternative ways to reduce stress and anxiety; depression; mental health, poverty and addictions in rural NL; mental health in teenagers (adolescent mental health)
- Geriatrics – Cognitive decline in elderly; Alzheimer's; dementia causes and prevention of falls in elderly; hip and knee replacement and arthritis - causes, symptoms and management.

- Women's Health – Breast cancer: diagnosis and treatment; challenges affecting a normal pregnancy and ovarian cancer; types of birth control and the effects on the body.
- Men's Health – Prostate cancer; hair loss and male sexual dysfunction.
- Cancer - Detection, chemotherapy vs. radiation, and how to deal with a terminal illness?

Faculty members are invited to present interactive seminars based on past feedback and current needs. Presentations should be one hour, including a 45-minute talk and 15-minute Q&A. Interested faculty should contact Anuj Charan at OPED – anuj.charan@med.mun.ca by March 15, 2024, with their ideas and availability.

HSC Only – CODE GREY – Loss of Back-up Emergency Power

Maintenance upgrades are scheduled for the backup emergency power generators for the Health Science Complex on Saturday, March 2, 2024, from 6-11 a.m. The likelihood of a Code Grey Event - Loss of Redundant Power is very low, given the Health Science Complex's access to multiple feeds of normal power from two external substations. In the event of such a scenario, Code Grey - Loss of Redundant Power protocols will be initiated, and there will be an emergency reversal process in place to restore backup emergency generator power within 30 minutes.

Upcoming Events

Excerpts from 'Don't Give Up on Me, Dad' with Andy Jones – Wednesday, March 13 at 5:30 p.m., Faculty of Medicine Main Auditorium. Please join us for a live, one-man performance of excerpts from "Don't Give Up on Me, Dad," which is actor/writer Andy Jones's very personal story about the insight, courage and unique humour of his son Louis as he battled with the mental and emotional anguish that led to his suicide. Mary-Lynn Bernard, Andy's partner and Louis' mom, will be in attendance and, along with Andy, will be available for questions and answers after the performance.

This show is a heartfelt and sometimes humorous analysis of Louis' long journey through the healthcare system. In this new work, Andy lends his voice to the rising cry for compassion, care and a quantum leap in funding for research into mental illness. This special performance is intended to highlight the importance of lived experience for health professional learners, staff and faculty at Memorial University, but the public is also welcome to attend. Free admission. Please arrive 15 minutes before showtime.

Brainwaves Conference 2024 – Join the Human Neuroscience Research Centre for their second annual Brainwaves Conference. This event will feature faculty and student speakers from multiple departments at Memorial involved in the Human Neuroscience Research Centre. Come learn about their exciting research programs in a fun and accessible format. March 21, 8:30 a.m. to 4:30 p.m., Main Auditorium, Health Sciences Centre. Registration is free and light refreshments will be provided. Lunch is not included. Register at: <https://www.med.mun.ca/oped/programs/4737>.

Cancer Lived Experiences as a Transgender Person – Save the Date for a screening of the documentary Trans Dudes with Lady Cancer, followed by a panel

discussion by local health care providers, transgender individuals and advocates, May 16, 2024, 6:30-8:45 p.m. This is a free virtual event and registration details will be available soon. For more information, email Sevtap Savas at savas@mun.ca or call 709.864.6057, or email Jocshan Loaiza at jmloizamoss@mun.ca.

From Newslines

Teaching and Learning Conference call for proposals extended – The call for proposals deadline for Memorial’s Teaching and Learning Conference 2024 is extended. Educators, researchers, staff, students and alumni are invited to submit a session proposal by March 15. Hosted by the Centre for Innovation in Teaching and Learning, this year’s conference theme is Putting Innovation Into Practice. Participants will explore what innovation in teaching and learning means -- building on institutional priorities to expand experiential and community-based learning; enhance the accessibility and flexibility of programs; enable cutting-edge pedagogies and technology-enabled learning; and mobilize diverse multi-campus opportunities to be interdisciplinary collaborators. For all information about the Teaching and Learning Conference 2024, including the theme, keynote speakers and how to submit a proposal or register, visit the [conference site](#).

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